

#अबइंडियाखेलेगाकिकबॉक्सिंग



WORLD
ANTI-DOPING
AGENCY



SAY NO TO

DRUGS



Ministry of Youth Affairs and Sports
Government of India



CONTENT

10th
December
2021

India International Center New Delhi

Awareness Sessions



Sample Collection



08th
January
2022

Online

Awareness Sessions



Sample Collection



21st
January
2022

Online

Awareness Sessions



Sample Collection



18th-22nd
August
2022

WAKO India National Seniors & Masters
Kickboxing Championship Chennai, Tamil Nadu

Awareness Sessions



Sample Collection



2nd-6th
November
2022

2nd WAKO India Open International
Kickboxing Tournament New Delhi

Awareness Sessions



Sample Collection



**2nd
December
2022**

NADA India Inclusion Conclave
New Delhi

Awareness Sessions



Sample Collection



**15th-24th
April 2023**

WAKO India International Kickboxing
Training Camp Panchgani, Maharashtra

Awareness Sessions



Sample Collection



**13th-15th
May
2023**

22nd All Haryana State Kickboxing
Championship 2023

Awareness Sessions



Sample Collection



**07th-11th
Feb
2024**

3rd WAKO India Open International Kickboxing
Tournament New Delhi

Awareness Sessions



Sample Collection



**22nd-26th
May
2024**

National Kickboxing Championship 2024
(Children & Cadets)

Awareness Sessions



Sample Collection





**NADA - THERAPEUTIC USE
EXEMPTION SEMINAR,
NEW DELHI**

10TH DECEMBER 2021

WAKO India Medical, Health and Anti-Doping Committee was invited to the Therapeutic Use Exemption Seminar which was organized by National Anti-Doping Agency on the 10th December 2021. The program was held at India International Center in New Delhi where Dr. Shatayu Aggarwal and Dr. Divya Aggarwal represented WAKO India Kickboxing Federation. It was the first time that Team WAKO India was introduced to the agency. Smt. Sujata Chaturvedi (IAS), Secretary- Sports, Ministry of Youth Affairs & Sports, Government of India was the Chief Guest Dr P.L. Sahu, Director NDPL and Sh. L.S. Singh Joint Secretary (Sports) MYAS, Government of India & DG, Nada was amongst the other dignitaries who attended the seminar.

The seminar was focused on key changes in the prohibited list 2022 and Therapeutic Use Exemption and its benefits to Sports medicine experts/ physicians/ physiotherapists and coaches associated with the treatment/ training of sportspersons.





**WAKO INDIA MEDICAL, HEALTH
& ANTI-DOPING COMMITTEE
AWARENESS SESSION**

08TH JANUARY 2022

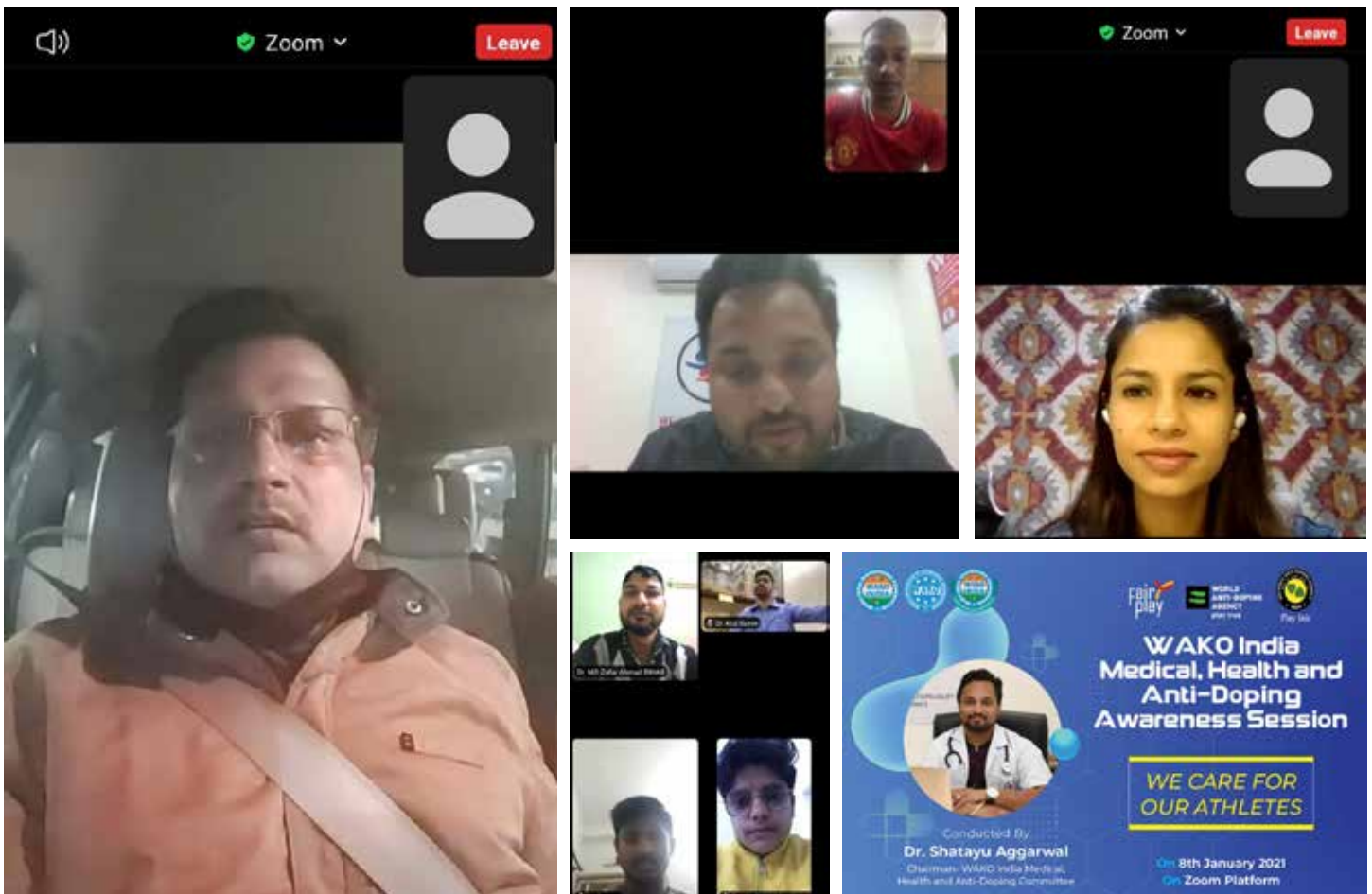
WAKO India Medical, Health & Anti-Doping Committee organized an Awareness Session for all the WAKO India Affiliate's- President/ Secretaries/ Coaches/ Referees. It was conducted by the Chairman of WAKO India Medical, Health & Anti-Doping Committee Dr Shatayu Aggarwal.

WAKO India President, Mr. Santosh K Agrawal was dazed with the response of the very first Medical and Anti - Doping webinar conducted by the committee with more than 190 attendees. Dr. Shatayu initiated the meeting with his team introduction and briefed about how these professionals will move forward to achieve the goals for the federation. The Medical team is comprised of highly skilled doctors and specialists like Orthopaedical, Physiotherapist, Nutritionist, Dentist, Emergency Doctor, Naturopathic and more.

The team instructed about World Anti-Doping Agency (WADA) AND National Anti-Doping Agency (NADA) and how they monitor the National Sports Federation on regular basis. The Anti-Doping Rules and regulations by NADA has to be implemented strictly by the National Federation. He also talked about the doping free fitness level one athlete has to maintain for his competition. The proper nutrition and healthy diet are the key.

In his discussion he also added that Standard Operating Procedure should be made under the guidelines of NADA which is very important for a proper functioning of the federation and should be circulated to all the affiliates to make them aware of the basic mandatory medical procedure for any event. From placement of the ambulance to a well-equipped one, from the first aid kit to medical kit availability during the event, he spoke about his observations from the last WAKO India Championship held in Pune.

It was a very open share of thoughts in that session which the team will continue to guide all the officials and athletes for their best.





**WAKO INDIA ANTI-DOPING
WEBINAR CONDUCTED BY
NADA**

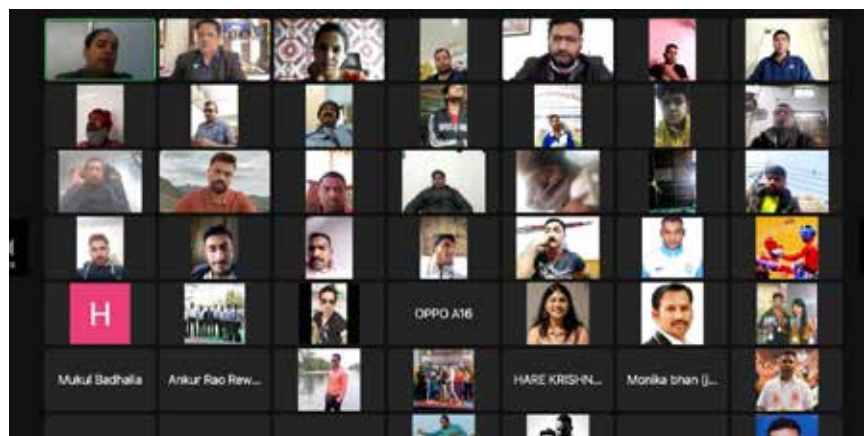
21ST JANUARY 2022

In collaboration with the National Anti-Doping Agency (NADA), WAKO India Kickboxing Federation was successful in conducting the Anti- Doping Webinar on 21st January 2022. It was the first time when both the organizations joined hands to serve the education within the WAKO India.

WAKO India President, Mr. Santosh K Agrawal opened the webinar giving a brief introduction of Indian Kickboxing Sport. His team of Officials/ Referees/ Coaches from all over India who took part in this informative program with great enthusiasm. Moreover, WAKO India Medical, Health and Anti-Doping Committee members were too involved in the enlightening session to get more exposure on the procedure of sports medicines. There was a good participation level of around 150 members who joined the forum and made the best out of it.

On the other hand, NADA's Project Officer, Dr Ankush Gupta took over the session on "The Prohibited List 2022 & Therapeutic Use Exemptions "and shared his side of knowledge as to why Anti-Doping is a very important aspect for any athlete/ federation. Dr Pankaj Vats added a very intense and detailed presentation on Anti-Doping which featured many aspects including Rules & Regulations, Result Management, Play Fair Policy, TUE Process, Prohibited Substances, How doping can affect the athlete as well as other the officials involved with him. The focus was on the sense of responsibility one should know towards the sport and its competition under proper guidance and within the guidelines. A quick look was on the Anti-Doping Testing procedure for athletes and how these agencies like WADA and NADA control at the National & International level.

WAKO India thanked the National Anti-Doping Agency (NADA) for scheduling the program exclusively for them and assured that Indian Kickboxing will be aligned with the respected agency guidelines. The overall swing of this educational session gave a good awakening and potential aspects to focus on for future to Redefining Kickboxing Sport in India.








**SAY NO TO DRUG
SAY YESTO SPORT**



SPORTS WITHOUT DRUG SUPPORT

Y PLAY WISE NO CHEAT DIES



SAY NO TO DRUGS







• STAY HEALTHY PLAY HEALTHY


#SAYNO TODOPING

TODAY & EVERYDAY



SPORT WITHOUT DRUGS SUPPORT




DRUGS काटते खेल के आनंद खत्म हो


#SAYNO TODOPING

TODAY & EVERYDAY


KHILLO INDIA NASHE SE AGAE BADI BADI INDIA



DRUGS KATATE KHIL KE ANAND KHATM HO

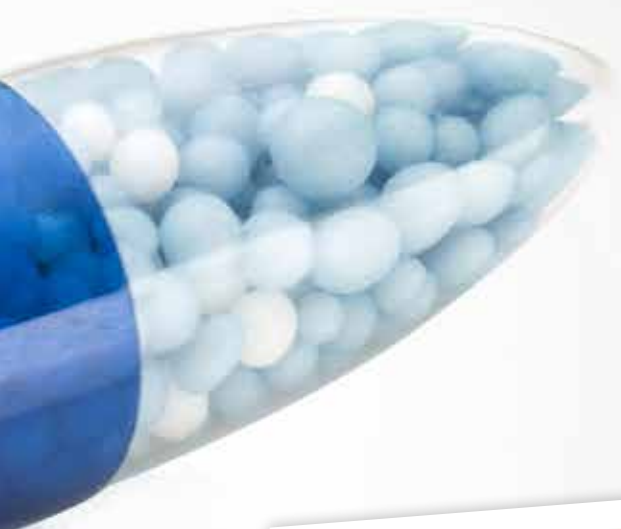


नम हो कबिनादुगा फीकेकी नगीने ले ले ले रोववताप तो उहके ले ले बोले-मिनाके



नरोके मिना केना!





Logos: G20, 75th Anniversary of India's Independence, NADA

SPORTS
OUR STRENGTH...

NO DRUGS, YES LIFE

#PLAYFAIR
www.nadaindia.org

#SAYNO TODOPING
TODAY & EVERYDAY

भादकता खेलों से बढ़

“नहीं खेल है नाशकृत, खेले के समर्थक भारत टोकेज टीम निह-फिरवकी खेल”

CHANDIGARH UNIVERSITY

Logos: G20, 75th Anniversary of India's Independence, NADA

#SAYNO TODOPING
TODAY & EVERYDAY

SPORT WITHOUT DRUG

IT'S A REAL WIN
WHEN YOU DO IT YOURSELF

Logos: G20, 75th Anniversary of India's Independence, NADA

#SAYNO TODOPING
TODAY & EVERYDAY

रंगों में दौड़गा जोश नशा नहीं!

#PLAYFAIR
www.nadaindia.org

WIN THE MATCH BY YOURSELF NOT BY DRUG SUPPORT!

SPORTS DRUGS



**WAKO INDIA
NATIONAL SENIORS & MASTERS
KICKBOXING CHAMPIONSHIP**

18TH - 22ND AUGUST 2022,
CHENNAI, TAMILNADU

Four of the officials from NADA had visited the National Championship and organized the random Dope Check on the kickboxers. The NADA Medical Team headed by Dr. Praveen visited the WAKO India event for the first time to check and control the athletes according to their system and guidelines. It was a great learning experience about the protocol which needs to be taken care while assisting the team. Proper checking and monitoring was done by entire team and documentation was processed and checked for all athletes and players that all should be conforming as per set rules and guidelines of NADA and nobody shall offend them at any cost and shall play all events with fair practice and sportsmanship. This was entertained by officials in healthy spirit and they brought maximum participation from all players and athletes. Fair interaction was done between NADA officials and WAKO India staff about using fair anti-doping policies.





**2ND WAKO INDIA OPEN
INTERNATIONAL KICKBOXING
TOURNAMENT**

2ND – 6TH NOVEMBER 2022,
NEW DELHI

*Awareness Seminar
Dr. Abhay Garg DCO*

All the athletes learned about doping in sports at a NADA, National Anti-Doping Agency, Delhi seminar at the event by Col. Dr. Abhay Garg. Doping implies that a player only becomes well-known and everyone's favorite when he has a successful career. This is the shortcut method that some athletes prefer to use to quickly advance in their careers. He motivated the players to advance on the basis of their diligence and hard work by talking to them and asking questions about doping to every player seated in the stadium. Ahead of the competition, several matches in various categories were held, and the winners were declared.







SANCTIONS FOR FILING FAILURE OR MISSED TEST!

If an athlete in the RTP commits three whereabouts failures (which can be a combination of filing failure and/or missed test) in one 12-month period, this may constitute an Anti Doping Rule Violation. The athlete may be sanctioned for a period of ineligibility of 12 to 24 months (first offence) or more for subsequent offences.

ATHLETE WHEREABOUTS!

www.nada



CONSEQUENCES OF FILING FAILURE OR MISSED TEST!

- There may be consequences if an athlete is not where they say they are, and they cannot be located for testing. This is known as a missed test.
- There may be consequences if an athlete does not file their whereabouts information on time or provides inaccurate information. This is known as a filing failure.
- Any combination of 3 filing failures or missed tests in a 12-month period may lead to an Anti-Doping Rule Violation (ADRV).

ATHLETE WHEREABOUTS!

www.nadaindia.org

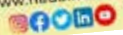


DON'T FORGET!

01. Athletes are responsible for their whereabouts information.
02. Athletes cannot blame their representative or agent for inaccurately filing or forgetting to update their whereabouts information.
03. Athletes included in an RTP, must provide whereabouts information every 3 months so they can be located for testing.

ATHLETE WHEREABOUTS!

www.nadaindia.org



DON'T FORGET!

04. Athletes included in an RTP, need to remember, there may be consequences for failing to provide accurate whereabouts information.
05. Three Whereabouts Failures in 12 months is one of the 11 Anti Doping Rule Violations which athletes can be sanctioned for.

ATHLETE WHEREABOUTS!

www.nadaindia.org





Sports is as much about ethics and integrity as it is about glory and winning!

SAY NO TO DOPING

today & everyday!
National Sports Day



निष्पक्ष खेल
Play fair

#PlayFair #IForIntegrity



Athletes can be tested
in and out of competition.

www.nadaindia.org



खिलाड़ियों का डोप परीक्षण
'प्रतियोगिता के दौरान' और 'प्रतियोगिता के बाहर'
किया जा सकता है।

www.nadaindia.org



Win or no win, play fair!

#PLAYTRUE
Promoting ethical and
dope free sport.

April 8, 2022



The background is a solid brown color with a faint, light-colored hexagonal grid pattern. A large white circle is centered on the page. To the right of the circle, there is a vertical spray of small white dots. To the left of the circle, there is a cluster of white, leaf-like shapes. The text is centered within the white circle.

**NADA INDIA
INCLUSION CONCLAVE**

02ND DECEMBER, 2022
NEW DELHI

The following Members of Health, Medical and Anti - Doping Committee of WAKO INDIA Kickboxing Federation attended the NADA INDIA INCLUSION CONCLAVE which took place on 2nd December 2022 at New Delhi.

- Dr. Shatayu Aggarwal, Chairman**
- Dr. Naman Goel, Member**
- Dr. Rohit Agrawal, Member**

We wish them All the Best for their future endeavours.





**WAKO INDIA INTERNATIONAL
KICKBOXING TRAINING CAMP**

15TH -24TH APRIL 2023
PANCHGANI, MAHARASHTRA

*The Anti Doping Awareness
Seminar Conducted
By Team Nada India*

The Medical Seminar conducted by WAKO India Medical, Health and AntiDoping Committee Team NADA INDIA conducted a Anti-Doping Awareness workshop, where 300 + Kick-boxers participated, NADA Officials Mrs. Rupali Nimbekar - DCO, Dr. Rajesh Mailagire - Lead DCO graced in the International Kickboxing Training camp.



Anti Doping Awareness Workshop conducted at The International Kickboxing Training Camp

19 April, 2023

Panchgani, Maharashtra

#SAYNO TODOPING TODAY & EVERYDAY

A collage of photos from the workshop. The top photo shows a group of men on stage. The middle photo shows a large group of athletes sitting on the floor. The bottom photo shows a man speaking at a podium. The text on the right side of the collage provides details about the workshop.



**22ND ALL HARYANA STATE
KICKBOXING CHAMPIONSHIP 2023**

13TH to 15TH MAY 2023
FARIDABAD

*Awareness Seminar
Dr. Abhay Garg DCO*

After the opening ceremony of 22nd All Haryana State Kickboxing Championship 2023 was held from 13th to 15th May at Indoor Stadium, Haryana State Sports Complex, Sector -12 Faridabad, Haryana. All the athletes learned about doping in sports at a NADA, National Anti-Doping Agency awareness seminar conducted by Col. Dr. Abhay Garg. (Lead Dope Control Officer NADA Delhi) Doping implies that a player only becomes well-known and everyone's favourite when he has a successful career. This is the shortcut method that some athletes prefer to use to quickly advance in their careers. He motivated the players to advance on the basis of their diligence and hard work by talking to them and asking questions about doping to every player seated in the stadium. Ahead of the competition, several matches in various categories were held, and the winners were declared.



Shri Santosh Kumar Agrawal, President - WAKO India Kickboxing Federation & Secretary General - Haryana Kickboxing Association Welcomed Col. Dr. Abhay Garg & expressed his gratitude for motivation & guidance of our athletes.



**National Kickboxing Championship
2024 (Children & Cadets)**

22nd to 26th May 2024
MAHARASHTRA

*Awareness Seminar
Dr. Rajesh Mailagire
Educator Cum Lead DCO
Education Division
National Anti-Doping Agency*

Successfully completed an Anti-Doping Awareness Session at the National Kickboxing Championship 2024 held in Pune, Maharashtra. This session effectively raised awareness about anti-doping measures among more than 1000 athletes and their support personnel, fostering a culture of clean sports and fair play.

Our sincere gratitude goes to the NADA Team for their invaluable support in promoting the development of a clean and fair game.



Do you know?




75 Azadi Ka Amrit Mahotsav




Athletes can be tested any time and any where.

I For Integrity
#PlayFair #PlayTrue

National Anti-Doping Agency, India



75 Azadi Ka Amrit Mahotsav



Consumption of prohibited substances and drugs can harm your body and negatively impact your health.

Say no do doping, today and everyday!

I For Integrity
#PlayFair #PlayTrue

National Anti-Doping Agency, India



75 Azadi Ka Amrit Mahotsav



Do your bit for clean sport.

If you are suspicious or aware of any incidents related to doping in sport, **SPEAK UP!**

Write an email to us speakup-nada@gov.in

I For Integrity
#PlayFair #PlayTrue

National Anti-Doping Agency, India

Do you know?



75 Azadi Ka Amrit Mahotsav



Dope testing is not limited to athletes above 18 years of age.

I For Integrity
#PlayFair #PlayTrue

National Anti-Doping Agency, India



Thank You



युवा कार्यक्रम और खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS AND SPORTS

सत्यमेव जयते



Play fair

Registered Office: #7, 1st Floor, Achievers Centre Point Mall, Sector-49, Faridabad-121001, Haryana, INDIA

Administrative Office: Basement, J-3180, Sainik Colony, Sector-49, Faridabad-121001, Haryana, INDIA

Ph.: +91 9811986191, 0129-4155205 | E-Mail: wakoindiainfo@gmail.com, Website: wakoindia.org

