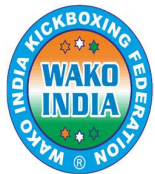


Khelo India Women's KICKBOXING LEAGUE



(Cadets, Juniors, Seniors & Masters – All Events)
Supported By: Sports Authority of India (SAI)
Organized by: WAKO India Kickboxing Federation®
Recognized by: Ministry of Youth Affairs & Sports, Govt. of India
Member: World Association of Kickboxing Organizations (WAKO)



Events/Age/Weight Categories

I. Younger Cadets Division -TATAMI SPORTS:-

Age Category	Weight Category	Events	Total
Younger Cadets (10-11-12 Years Old)	Girls: -28, -32, -37, -42, -47, +47 kg	PF, LC, KL	18

II. Older Cadets Division -TATAMI SPORTS:-

Age Category	Weight Category	Events	Total
Older Cadets (13-14-15 Year Old)	Girls: -32, -37, -42, -46, -50, -55, -60, -65, +65 kg	PF, LC, KL	27

III. Junior Division - TATAMI SPORTS:-

Age Category	Weight Category	Events	Total
Juniors (16-18 Years old)	Girls: -45, -50, -55, -60, -65, -70, +70 kg	PF, LC, KL	21

IV. Senior Division (from age 19 to 40 Yrs.) - TATAMI SPORTS:-

Age Category	Weight Category	Events	Total
(19 Years Above)	Female: -40, -45, -50, -55, -60, -65, -70, +70 kg	PF, LC, KL	24

V. Master Class (Veterans) Division (from age 41 to 55 Yrs.) - TATAMI SPORTS:-

Age Category	Weight Category	Events	Total
(41 Years Above)	Female: -55, -65, +65 kg	PF, LC, KL	9

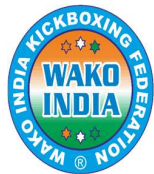
VI. Junior Division - RING SPORTS:-

Age Category	Weight Category	Events	Total
Younger Juniors (15-16 Years old)	Girls: -36, -40, -44, -48, -52, -56, -60, +60 kg	FC, LK, K1	24
Older Juniors (17-18 Years old)	Girls: -48, -52, -56, -60, -65, -70, +70 kg	FC, LK, K1	21

VII. Senior Division (from age 19 to 40 Yrs.) - RING SPORTS:-

Age Category	Weight Category	Events	Total
(19 Years Above)	Female: -48, 52, 56, 60, 65, 70, +70 kg	FC, LK, K1	21

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(2)

VIII. Forms: A form is a sort of imaginary fight against one or more opponents in which the performer use techniques coming from oriental Martial Arts.

In Kickboxing discipline FORMS, Kickboxers can compete in the following age categories(Female)

Younger Cadets	-10, 11 and 12 years old
Older Cadets	-13, 14 and 15 years old
Juniors	-16 to 18 years old
Seniors	-19 Yrs. & above

A. MUSICAL FORMS (Hard Styles & Hard styles weapons):-

Hard Styles (HS):	Coming from Kickboxing, Traditional Karate and Taekwondo – 4X1=04
Hard styles weapons (HSW):	Using weapons-Kama, Sai, Tonfa, Nunchaku, Bo, Katana - 4X1=04

B. Creative Forms:-

Creative Forms Open Hand	(CF)	4X1=04
Creative Forms Weapons	(CFW)	4X1=04
Creative Forms Teams	(CFT)	4X1=04

Competitors can enter either of the Open Hand, Weapons and teams.

Each style under following age divisions each in Women's categories: Total Categories: TOTAL – 185

For more details: Please see the WAKO Rules Book.